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How Rugby Began

HOW RUGBY BEGAN



Wales and the Cnapan Connection

Brian John



Synopsis

Forget about William Webb Ellis, Rugby School and 1823 – the REAL origins of rugby can be traced much further back, to a relatively sophisticated game called Cnapan which was played in West Wales in the 1500s and probably even earlier. The game was described in detail in 1603, and from that description Cnapan has a strong claim to be considered the forerunner of modern global game known as rugby union football. This book analyses the old game and seeks to establish what its rules and conventions were -- with some surprising insights into the technicalities of the modern game. This is essential reading for sports historians and sports enthusiasts worldwide.

Book Information

File Size: 209 KB

Print Length: 33 pages

Publisher: Greencroft Books; 1st edition (January 25, 2012)

Publication Date: January 25, 2012

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B0071Y298E

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #490,423 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #33

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Other Team Sports > Rugby #66

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